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EMERGENCY NUMBERS

In order of call priority

Team Lead/AFTER HOURS

Emergency Cell 780-298-9423

Program Operations Manager

Emergency cell 587-336-6672

Interim Executive Director

Emergency cell 587-989-5691

Dates to remember:

October 9 – Closed for Thanksgiving

October 27 – Halloween Social

October 31 - Halloween

Board Members

Ann Kurlovich – Chairperson

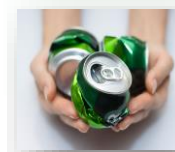
Open – Vice-Chairperson

Shannon Gray-Henry – Secretary

Leanne Millar - Treasurer

LINX Bottle Pick-Up

Give us a call, and we will pick up your bottles and give you a charitable tax receipt for your donation!



You can now safely donate to LINX online at www.linx.ngo



Program Report

Join us for the First Annual LINX Halloween Social!



LINX
Halloween Social

Friday, October 27, 2023 | 6-8PM
Leduc LINX Connect Centre
#106 - 5708 47 Street Leduc, Alberta

Join us for a Halloween social! Music and good company will be provided. *Food & beverage will not.

Open to LINX clients, staff, families and friends!

Please help keep our space clean, leave food and drink at home

Come Join Us at Friendship



Where: Ebenezer Christian Reformed Church
49245 Range Rd 250.
(Turn south on C.W. Gaetz Rd. at Daystar Church, Ebenezer is 2km on the east side)

When: Monday evenings starting October 16th, 2023 until April 29th, 2024. 7:00-8:15pm.

Contact: Carolyn DeKlerk 780-920-5360
Karen Gengler 780-996-1341
Ebenezer Church 780-986-4119

No need to pre-register, just show up on October 16th!

October Menu Day Program

October 4 – Delicious Egg Salad (on a bun)
October 11 – Apple Stuffing
October 18 – Cranberry Pumpkin Cookies
October 27 – Simple Spinach Lasagna

October The SIL Evening Cooking Class

October 4th 4pm-7pm
October 18th 4pm-7pm

Team Lead Report

Striving to create a positive work environment through supportive leadership:

I have always found it to be one of the most important things for an employer to be supportive of their staff and clients. A good management team is one that is helpful, caring, and compassionate. I believe that a good management team can do these things and still be considered strong.

At LINX, I feel that our staff and clients see that their personal development is encouraged and that we acknowledge weaknesses as something that can be worked on without coming across as critical. LINX is also supportive of people growing and wanting to achieve certain opportunities. We try to make everyone feel like a valuable member of the team. Not everyone works or thinks the same way, so we encourage staff and clients to get to know each other. In knowing each other we can be a stronger team and support each other in whatever we are trying to achieve. Lastly, saying thank you is such a big thing at LINX. We thank employers, clients, and staff each month in our newsletter. We try to recognize people's work ethics and contributions to the LINX community.

One recent example of management support observed at LINX:

Management closed our office last month to give our staff time to grieve the loss of someone at LINX, and offered to have people gather to talk through the shocking news. We were even able to bring in a grief counselor one evening for those who needed one, to which most staff attended. I personally saw staff support each other through this time of sadness. It was inspiring not only how much everyone cared for the person we lost, but also how much everyone cared about the wellbeing of the people around them. At LINX, we are a small community and our recent loss hit us incredibly hard. Our management team supported our staff during this moment without hesitation; we even had managers out doing paper routes for clients because our office was closed. I feel grateful to be part of a team like this one.

Mandt Moment

Conflict is inevitable, even in healthy relationships. When people confront instead of carefront, they typically use attack messages that start with “You”. These messages can put people on the defense, and as a result prolong the conflict. Instead, we prefer the use of “I-messages”. The formula to create an I-message is When _____, I feel _____ because _____.

When – Focus on the act or acts of the other person with no blame or judgement. Describe but don't exaggerate. Avoid words like always/never. Stick to the facts!

I feel – Share feelings in a way that invite others to hear the fear, frustration, anxiety, or tension.

Because – Link things together with the word “because”. This shows people the effect of their behavior on others or themselves.

Try formulating I-messages the next time you are faced with conflict!

Our “...of the month” club!

Employer of the Month: Leduc Regional Housing (Planeview)

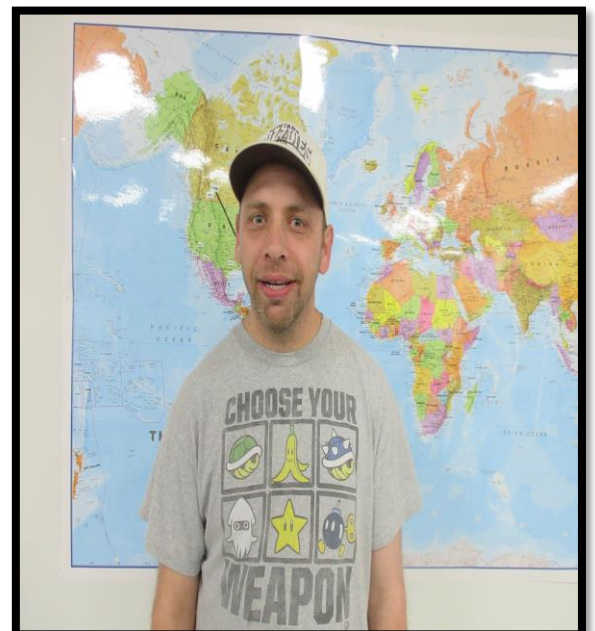
We thank Planeview for being such a great supporter of LINX and our clients. They have helped provide our clients with different types of volunteer opportunities to develop skills and get work experience.



Client of the Month: William Herzberg

You may recognize William as the face of our Bottles & Recycling Program! William goes around to local businesses twice a week and collects the bottles and recycling they have donated to LINX. If you would like to donate – please reach out to us at 780-980-9423 or linxinfo@linxconnect.ca. Thank you, William, for your commitment to your role!

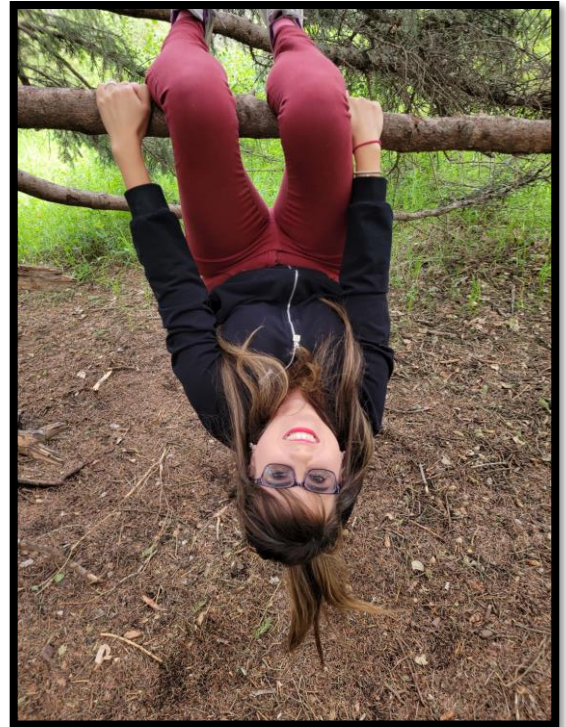
- 🐾 What is your favorite animal?
Cats
- 🐾 What is your favourite movie?
Teenage Mutant Ninja Turtles
- 🐾 What is one lesson you feel you have learned from LINX?
Computer Skills
- 🐾 How long have you been a client at LINX?
Since the beginning
- 🐾 What type of music do you listen to?
Disney music on YouTube
- 🐾 If you spent an entire day at a theme park, what would you do?
Play games and eat food
- 🐾 If you had one superpower, what would it be and why?
No superpower.



Staff of the Month: Kayla Sicard

Kayla has been a valued member of the LINX Day Program team for 2 years! Kayla's commitment to her role and professional development is undeniable. Thank you for all your hard work, Kayla!

- 🐾 What is a typical workday like for you?
It changes on a flip of a coin sometimes, you never know what the day will bring with clients, supporting them at work or in class in the morning, writing notes, lunch, supporting clients at work or class in the afternoon, and then more notes.
- 🐾 What is your greatest achievement?
Becoming a mom and finding my place in life!
- 🐾 If you had one superpower, what would it be and why?
To know what everyone's thinking all the time. I tend to overreact in my head and get self-conscious.
- 🐾 What advice would you give someone who is considering this type of job (or field)?
To have patience and to listen to what the clients have to say, there is more to them than just their disability. To be open-minded and not take everything to heart on what you hear.
- 🐾 How long have you been working at LINX?
Will be 2 years at the end of October.
- 🐾 What is your favorite beverage?
Anything from Starbucks, and water.
- 🐾 What type of music do you listen to?
Country/Pop
- 🐾 Who was your idol growing up?
I wouldn't say I had anyone to look up to, it was just me against the world.



LINX Staff Anniversaries

Thank you to our wonderful LINX staff who have been with us a long time, a short time, and everything in between. We are nothing without you!

October	
Kayla	2021

Purdy's Chocolates!

Calling all chocolate lovers!

It's that time of year again and our Purdy's Christmas fundraiser is officially live! Treat yourself or your loved ones to some decadent Canadian-made chocolate this holiday season. Orders are live now through to Monday November 27th, and can be picked up by Friday December 15th!

All orders will be made online this year, if you have any questions don't hesitate to reach out to Andrea at 780-980-9423 or linxinfo@linxconnect.ca.

The link to our campaign is <https://fundraising.purdys.com/1771225-108947> or you can use the QR Code below. (Hint: Once your account is ready, clicking "Use Marketplace" will take you to the order form with pictures!)



Give back with your favourite chocolates!

Here are the 2 ways to support & shop:

Option 1

1. Go to the link shared by your coordinator.
2. Follow the instructions to log in or register.
3. Click **JOIN A CAMPAIGN** & start shopping!

<https://fundraising.purdys.com/1771225-108947>

Option 2

1. Scan the QR code below:

fundraising.purdys.com
2. Click **JOIN A CAMPAIGN**
3. Enter the Customer Number:
2 5 6 2 9
& follow the instructions.

Not only will you be helping LINX clients and programs with your order, but you will also have delicious chocolate to enjoy! Our goal is to raise \$1,000 for LINX!