



Mark your calendars!

The LINX Annual General Meeting is scheduled
June 21, 2023!



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Dates to remember:

May 22nd - Closed

Board Members

Ann Kurlovich – Chairperson

Open – Vice-Chairperson

Shannon Gray-Henry – Secretary

Leanne Millar - Treasurer

Cory Albert – Client Rep

LINX Bottle Pick-Up

Give us a call, and we will pick up your bottles and give you a charitable tax receipt for your donation!



You can now safely donate to LINX online at www.linx.ngo



Executive Director Report

Thank you to everyone who came out to help us celebrate LINX's 15th Anniversary. It was so nice to see and visit with you all.

As we were visiting and celebrating LINX, it made me think back to how LINX came to be. For many years our individuals were supported by Leduc Works and it ceased operating as of March 31, 2008. A group of parents and guardians who believed in the power of "made in Leduc" stepped up and created LINX. While I am sure there were many involved, I found the list of the original Board of Directors: Carol Marsh, Ingrid Seitinger, Rob Hutchinson, Laurie Tancowny, Linda Bakker and Brent Pederson we want to honor you and all the other people involved for the hard work and effort you put into laying the foundation for LINX. We at LINX are proud to carry the torch forward to continue and grow what you started.

And speaking of changes, I would like to announce that Katie Presse (soon to be Porter) has accepted the position of Program Operations Manager. This new position will oversee both the Day Program and Residential Program. She is the one-stop phone call for all your program questions and concerns. Please don't hesitate to stop in to say hi and congratulate Katie on her new role.

LINX is still looking for volunteers to join the Board of Directors. Our AGM is scheduled for Wednesday, June 21, 2023 at 7:00 p.m. It will be held here at LINX. Please call Ann Kurlovich at 780-914-8676 or email ann@akcssoftwarepro.com for more information.

Special Olympics

Special Olympics Alberta asked LINX to share their information in our newsletter and we are more than happy to do it.

Summer Program

BOCCE

May 18 to June 22
Caledonia School 6:30pm

T BALL

May 18 to June 22
Caledonia School 6:30pm

GOLF

May and June dates
to follow.

BOAT RIDE ON TELFORD

June date to follow.

Fall Program

BOWLING

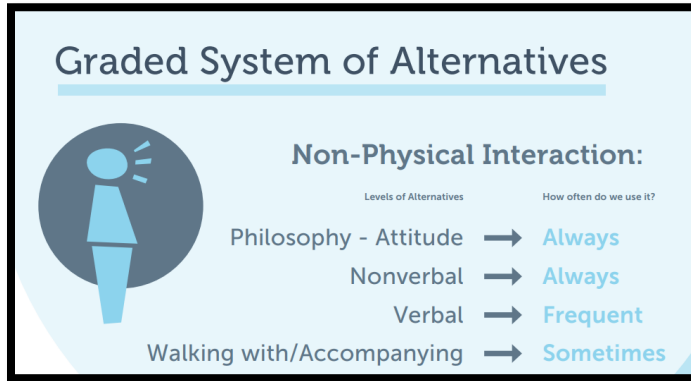
August 31 to December 14
Leduc Lanes
\$160.00

Mandt Moment

At LINX we are a **no touch** agency. We follow the Mandt System guidelines which promotes the graded system of alternatives. We are using philosophy and attitude, and non verbal communication all of the time. We frequently use verbal communication, and sometimes walk with or accompany individuals.

You might be confused about why we are no touch. What’s the harm in a high five or a pat on the back? This is a trauma informed approach. Individuals with a trauma history may be retraumatized by touch, even when the intention of staff is good.

We ask that all visitors to LINX respect the no touch policy, so that LINX can be a place where all people feel safe.



**May Menu
Day Program**

- May 3** – Easy Macaroni Salad Recipe
- May 10** – Pizza Lasagna
- May 17** – Air Fryer Cinnamon Rolls
- May 24** – Egg Bites
- May 31** – Bacon Breakfast Cookies

**May
The SIL Evening Cooking Class**

- May 3rd 4pm-7pm
- May 17th 4pm-7pm

LINX Staff Anniversaries

Thank you to our wonderful LINX staff who have been with us a long time, a short time, and everything in between. We are nothing without you!

May	
Lyza	2021
Corrine	2022
Justin	2022



Through Our Eyes

The Melisizwe Brothers

On April 14, 2023, we invited The Melisizwe Brothers to talk to us at LINX. They were talking about how they became a band together and how they started playing instruments when they were younger. There are three brothers, Marc, Seth, and Zacary. They grew up in Leduc. Not only do they sing, play instruments, and perform, but they also give back to the community through their Gold Mind program. In this program they give back to individuals by giving them instruments. The brothers have been invited to be on different television shows such as Ellen DeGeneres, America's Got Talent, Little Big Shots (UK), Apollo Theatre, Steve Harvey show, Time Square, Netflix, Nickelodeon, and Today Show. They won America's Most Musical Family and received a recording contract. The brothers are performing at the Winspear in June with a children's choir, and they invited other artists.

They talked to us about achieving your dreams, never giving up, and how to overcome obstacles in life. The brothers are pursuing a musical career and at the same time pursuing their love for music through education. They said that in order to achieve their dreams, they rehearsed, trained, and prepared ahead.



Our “...of the month” club!

There are so many people who make our world a better place. So, we have decided they needed individual recognition. Please help us celebrate our Employer, Client, Day Staff, and Residential Staff of the Month. If you see someone in any of these categories that you would like to see recognized, please let us know!

Employer of the Month: Days Inn & Suites

Days Inn has been an inclusive employer with LINX for many years! Recently, the maintenance department hired a couple of LINX individuals as parking lot attendants! Thank you for supporting our clients and the work that they do!



Client of the Month: Thomas Knutson

Thomas consistently comes to LINX with a smile and positive attitude. He is flexible and hard working.

- 🐾 What is your favorite animal?
A Wolf
- 🐾 If your life was a movie, what would it most relate to?
Back to the Future
- 🐾 What is one lesson you feel you have learned from LINX?
I learn in all classes.
- 🐾 How long have you been a client at LINX?
Years, over 10
- 🐾 What type of music do you listen to?
Kiss and Ozzy
- 🐾 If you spent an entire day at a theme park, what would you do?
Look to meet any famous person.
- 🐾 If you had one superpower, what would it be and why?
Batman because he is a good fighter.



Day Program Staff of the Month: Mary Bond

Mary recently celebrated 15 years with LINX! She is always coming forward with suggestions to improve our programming and shows an incredible commitment to the work that she does. Thank you for all that you do Mary!

- 🐾 What is a typical workday like for you? In this time of transition, my day can look like supporting clients at work or in the home. I love the variety; there is never a dull moment.
- 🐾 What is your greatest achievement? As always, if I can help my clients demonstrate ownership of their life, I'm fulfilled.
- 🐾 If you had one superpower, what would it be and why? Mind reading would clear up a lot of misunderstandings. Please don't let the clients know I cannot actually do this. I get accused by them of doing this now.
- 🐾 What advice would you give someone who is considering this type of job (or field)? If this is just a paycheck for you, you're in the wrong business.
- 🐾 How long have you been working at LINX? Fifteen years since day one.
- 🐾 What is your favorite beverage? Skinny vanilla latte or water preferably with lemon or a squirt of some kind.
- 🐾 What type of music do you listen to? Recently went to the Mambo Kings but anything really.
- 🐾 Who was your idol growing up? I had many growing up and interchanged their importance regularly. Mostly stars who could make me laugh like Carol Burnett.



Residential Program Staff of the Month: Autumn Lang

Autumn has shown exceptional commitment to her role in Outreach and has taken the initiative to come forward with some ideas to improve the program and services to clients! Thank you for all that you do Autumn!

- 🐾 What is a typical workday like for you? I like to enjoy my coffee and relax a little before I start my busy day helping clients with whatever they may need help with. And then after work I enjoy some kitty snuggles and go to the gym to wind down.
- 🐾 What is your greatest achievement? Completing my Bachelor of Arts degree in Psychology!
- 🐾 If you had one superpower, what would it be and why? I would choose teleportation so that I could travel anywhere in the world!
- 🐾 What advice would you give someone who is considering this type of job (or field)? Just be yourself and make sure to set time aside for yourself at the end of the day!
- 🐾 How long have you been working at LINX? Just over a year.
- 🐾 What is your favorite beverage? Grape juice!
- 🐾 What type of music do you listen to? Typically pop, but I've been getting more into country over the last couple years!
- 🐾 Who was your idol growing up? My mom!



LINUX Employers

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- 🐾 A and W Nisku
- 🐾 Balloons Bling and Engravable Things
- 🐾 Blue Falls Manufacturing
- 🐾 Bone and Biscuit
- 🐾 Boston Pizza
- 🐾 Boys and Girls Club of Leduc
- 🐾 Brightpath Daycare
- 🐾 Canadian Tire
- 🐾 City of Leduc
- 🐾 Connectivity Dance Studio
- 🐾 Co op Grocery
- 🐾 Days Inn and Suites
- 🐾 Daystar Church
- 🐾 Dollarama
- 🐾 Flaman
- 🐾 From the Sole
- 🐾 Gateway Family Church
- 🐾 Leduc Arts Foundry
- 🐾 Leduc Fellowship Church
- 🐾 Leduc Public Library
- 🐾 Leduc Representative
- 🐾 Lifestyle Options
- 🐾 The Lighthouse Cowork
- 🐾 McDonalds Leduc
- 🐾 No Frills
- 🐾 Planeview Place
- 🐾 Renewed Resilience
- 🐾 RiseUp Society
- 🐾 Royal Hotel
- 🐾 Safeway
- 🐾 Salvation Army
- 🐾 Sobey's Beaumont
- 🐾 SRTraining
- 🐾 St Pauls Anglican Church
- 🐾 Staples
- 🐾 Subway Leduc Common
- 🐾 The Pet Hospital
- 🐾 Tim Hortons
- 🐾 WalMart
- 🐾 Wendys